

Case Report

## **APOS Trends in Orthodontics**



# Management of root resorption of anterior teeth caused by impacted canines with emergency traction for replacement of central incisors

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## ABSTRACT

Impacted maxillary canines occasionally incline mesially and cause severe root resorption of the maxillary incisors. Here, we describe a case of severe root resorption of the maxillary central incisors caused by impacted canines and the successful alignment of the maxillary arch with the replacement of the central incisors by the canines using a super-elastic Ni-Ti alloy. Furthermore, we successfully managed the patient's psychological distress using this approach. In the future, if the lateral incisors cannot be conserved, the retracted canines will be available as abutment teeth for prosthodontic treatment.

Keywords: Impacted canines, Maxillary incisors, Root resorption, Emergency traction, Orthodontic treatment

### INTRODUCTION

Orthodontic patients commonly request improved facial esthetics. Satisfactory appearance and alignment of the maxillary incisors are critical factors for both facial esthetics and maxillofacial functions.<sup>[1]</sup>

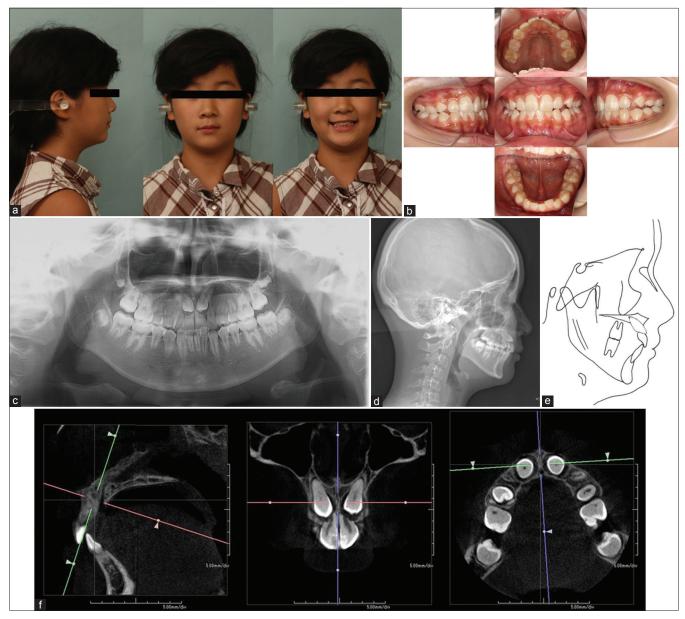
However, the maxillary canines frequently erupt in a high and buccal position in patients with crowding of the anterior teeth. Furthermore, the prevalence of impacted maxillary canines is 2–3%.<sup>[2]</sup> Impacted maxillary canines occasionally incline mesially.<sup>[3]</sup> Moreover, approximately 50% of impacted canines cause root resorption of the maxillary lateral incisors, and root resorptions of the maxillary incisors occur most frequently at 11–12 years of age.<sup>[2]</sup> Various etiological factors have been suggested, including high lip pressure, mesial migration of the maxillary molars due to early loss of the deciduous teeth, and mesial localization of the canine tooth germ. Managing the psychological distress of losing anterior teeth in patients with root resorption is a crucial part of the treatment.<sup>[4]</sup>

Here, we describe a case of severe root resorption of the maxillary incisors caused by impacted canines and the successful alignment of the maxillary teeth with the replacement of the canines through the central incisors using a superelastic Ni-Ti alloy archwire.<sup>[5]</sup>

## CASE REPORT

An 11-year-old female presented with the chief complaint of mobility of the bilateral maxillary central incisors. She had no notable medical history and a straight soft-tissue

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**Figure 1:** Pre-treatment (a) Pre-treatment facial photographs. (b) Pre-treatment intraoral photographs. (c) Pre-treatment panoramic radiographs. (d) Pre-treatment cephalometric radiographs. (e) Pre-treatment cephalometric tracing. (f) Pre-treatment come beam computed tomography images.

profile [Figure 1a-c]. The intraoral photographs and cephalograms revealed a skeletal Class II malocclusion [Table 1 and Figure 1d and e].

A panoramic radiograph showed severe root resorption in the bilateral maxillary central incisors caused by the mesially inclined impacted canines, as well as congenital absence of the mandibular right lateral incisor. In addition, cone beam computed tomography revealed that the impacted canines were located apical to the respective central incisors [Figure 1f]. All four maxillary incisors were vital and exhibited mild-to-moderate mobility.

#### **Treatment objectives**

The treatment objectives for this patient were to (1) eliminate crowding; (2) establish an ideal overjet and overbite and to achieve a functional and stable occlusion in a Class I molar relationship; (3) achieve ideal esthetical and functional maxillary incisors; and (4) create an easy to maintain oral environment while saving as many healthy teeth as possible.

#### **Treatment alternatives**

Conventional bilateral maxillary first premolar extraction to align the teeth was considered in this case. However, due to their location, traction of the impacted canines to the original positions of the first premolars without damaging the lateral incisors was considered difficult; therefore, this option was excluded. Moreover, the extraction of the impacted canines was also considered. This option was also excluded due to

Table 1: Cephalometric analysis.			
Variables	Japanese Norm*	Pre- treatment	Post- treatment
Skeletal (degree)			
SNA	82.3±3.5	83.6	83.5
SNB	78.9±3.5	78.8	79.6
ANB	3.4±1.8	4.8	3.9
FMA	28.8±5.2	31.6	31.5
Dental (degree)			
IMPA	96.3±5.8	87.7	88.3
U1 to SN	$104.5 \pm 5.6$	102.9	104.3
Interincisal angle	124.1±7.6	132.5	131.3
Soft tissue (mm)			
Upper lip to E-line	$-1.0\pm2.0$	-2.0	-2.0
Lower lip to E-line	$1.0{\pm}2.0$	-2.0	-1.0

\*:Means and standard deviations (SDs) are depicted. SNA: Sella nasion point A, SNB: Sella nasion point B, ANB: A point, nasion, B point, FMA: Frankfort mandibular plane angle, IMPA: Angle between mandibular plane and long axis of the lower incisor. U1-SN: Angle between long axis of upper incisor and sella nasion. their location and the mobility of the damaged maxillary central incisors. Another treatment option considered was to observe the impacted canines and delayed extraction of the central incisors followed by prosthodontic treatment (for example, dental implants or partial dentures). However, this option was also excluded due to the patient's age and psychological distress due to the loss of the anterior teeth and further prosthodontic treatment.

#### **Treatment progress**

The mandibular left first premolar and bilateral maxillary central incisors were extracted. Next, the bone overlying the bilateral impacted maxillary canines was fenestrated, and traction was applied to move the canines to the original positions of the bilateral central incisors using a multibracket appliance. A lingual arch was placed for anchorage during traction. Dummy teeth for the central incisors were placed over the gingiva throughout the active treatment period, considering the esthetics. Finally, the canines were recontoured to imitate the central incisors using composite resin as a temporary restoration to prevent cutting natural teeth as much as possible. If necessary, prosthodontic treatment will be performed in the future [Figure 2a-c].

#### Treatment results

The duration of active treatment was 31 months [Figure 3a-c]. At the end of active treatment, mobility of the bilateral maxillary central incisors (formerly canines) was



**Figure 2:** Treatment progress. (a) Traction of the impacted canines. (b) After 5 months of traction. The contour of the canines can be observed. (c) After 12 months of traction. Beginning of the mandibular alignment.

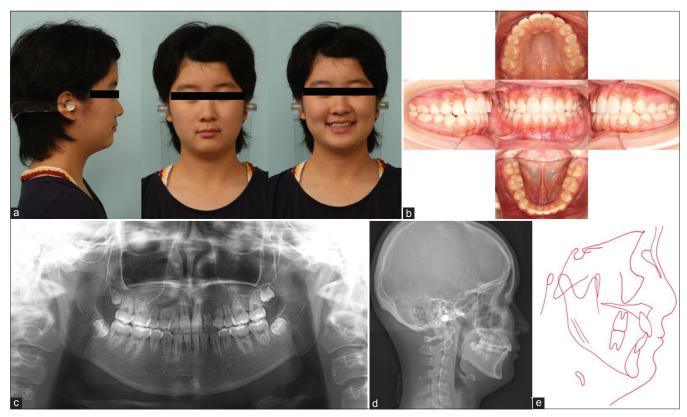
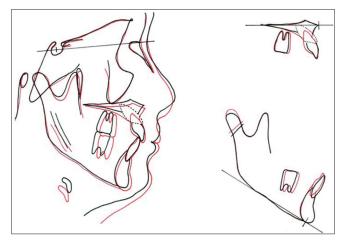


Figure 3: Post-treatment. After 31 months of the active treatment: (a) Post-treatment facial photographs. (b) Post-treatment intraoral photographs. (c) Post-treatment panoramic radiographs. (d) Post-treatment cephalometric radiographs, (e) Post-treatment cephalometric tracing.



**Figure 4:** Superimpositions, pre-treatment cephalometric tracing (black line), post-treatment cephalometric tracing (red line).

unchanged and within the physiological range. Moreover, the periodontal condition was normal. Regarding the bilateral maxillary lateral incisors, mobility and other vitality reactions were unchanged. The difference between the maxillary central incisors and canines caused anterior toothsize ratio discrepancy. Therefore, we used composite resin to recontour the canines as central incisors after orthodontic treatment [Table 1 and Figure 3d and e].

Superimposition of pre-and post-treatment cephalometric tracings revealed that alignment of the impacted canines had been achieved [Figure 4].

The patient and her parents were initially anxious about the treatment; however, they were satisfied with the result, as an esthetically pleasing smile was achieved.

#### DISCUSSION

In this case, we successfully aligned the maxillary arch by replacing the central incisors with the canines and conserved the bilateral lateral incisors. In the future, if the lateral incisors cannot be conserved, the retracted canines will be available as abutment teeth for prosthodontic treatment. Considering that the patient will be 14 years old at the end of treatment, it is necessary to observe the stability of the treatment results, including the late mandibular growth and the presence of wisdom teeth.

The prognosis of vital incisors showing root resorption should be determined through continuous observation and indefinite maintenance. Intensive and careful examination of the degree of the resorption, mobility, and vitality of the maxillary incisors and the location and inclination of the impacted canines are necessary and can be aided by cone beam computed tomography. Following this, comprehensive treatment planning should be discussed and selected. Managing the patients' psychological distress associated with the loss of anterior teeth should be a crucial part of the treatment plan.

#### CONCLUSION

To avoid future complications, orthodontists should consider methods to manage root resorption of the anterior teeth due to impacted canines in children, even in the absence of symptoms.

#### **Ethical approval**

Institutional Review Board approval is not required.

#### **Declaration of patient consent**

The authors certify that they have obtained all appropriate patient consent.

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#### **Conflicts of interest**

There are no conflicts of interest.

## Use of artificial intelligence (AI)-assisted technology for manuscript preparation

The authors confirm that there was no use of artificial intelligence (AI)-assisted technology for assisting in the writing or editing of the manuscript and no images were manipulated using AI.

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