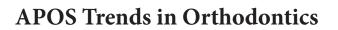
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Article in Press

# TADs smart easy bending (T.S.E.B.) protocol for impacted canines treatment supported by temporary anchorage devices and aligners

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Received: 10 May 2024 Accepted: 01 October 2024 EPub Ahead of Print: 20 November 2024 Published:

**DOI** 10.25259/APOS\_103\_2024

Quick Response Code:





## ABSTRACT

The use of TADs for the treatment of impacted canines represents a fundamental advantage whatever kind of appliance is used for the canine recovery in order to create a reliable and stable anchorage unit. When approaching impacted canines with aligners the use of TADs becomes mandatory to avoid increasing patient compliance, to avoid unreliable mechanics and in particular to avoid any side effects on teeth. In this conditions TADs Smart Easy Bending (T.S.E.B.) protocol could represents a reliable approach since the cantilever needed for canine de-impaction is connected on TADs excluding the dental anchorage.

Keywords: TADs, Aligners, Impacted, Canines, Sectional wire

## INTRODUCTION

The use of temporary anchorage devices (TADs) for the treatment of impacted canines represents a fundamental advantage to creating a reliable and stable anchorage unit for the de-impaction stage.<sup>[1]</sup> Nowadays, a fundamental difference in the use of TADs should be made to have the proper orientation and choice between TADs surgically guided and inserted with devices developed by an orthodontic laboratory and TADs placed manually without a specific device built on but with only the purpose of creating an immediate anchorage support.<sup>[2]</sup> When approaching impacted



Figure 1: Initial panoramic X-ray.

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Figure 2: (a-c) Pre-treatment records.



Figure 3: (a-c) Aligners space opening.



Figure 4: (a-c) Sectional wire using 0.017 × 0.025 Titanium molybdenum archwire (TMA).



Figure 5: (a-c) Post-treatment records.



Figure 6: Final panoramic X-ray.

canines with aligners, the use of TADs becomes mandatory to avoid stressing patient compliance in the use of elastics, to have a more reliable anchorage system, and, in particular, to avoid any side effects on teeth. Following this concept, the orthodontic treatment will be divided into three steps:

- 1. Space opening for canines by means of aligners
- 2. De-impaction stage on TADs by means of sectional wires connected to miniscrews (Spider Pin  $1.3 \times 10$  mm)
- 3. Space keeping with passive aligners
- 4. Torque correction and finishing with active additional aligners.

The author's approach focuses on simple and smart mechanics creating a reliable anchorage system, which, during the years, became a protocol called TADs Smart Easy Bending. In this clinical scenario, the first part of the treatment is based on aligner space opening by means of distalization and anterior proclination when possible [Figures 1-3]. After this, two TADs are inserted buccally between the first molars and second premolars and between the second premolars and first premolars. A 0.017  $\times$  0.025 titanium molybdenum archwire (TMA) wire is then modeled properly to fit the miniscrews surrounding the TADs and create a loop activated with a vertical and buccal force vector

in the proximity of the space of the canine position without any side effects on teeth [Figure 4].<sup>[3]</sup> The cantilever has been connected with the button bonded on the canines by means of a metallic ligature. The cantilever has been re-activated just removing the metallic ligature and activating the extrusion/ buccal vector by using the plier in the loop [Figures 5 and 6].

## CONCLUSION

The full eruption was achieved in 7 months. For all the forced eruptions stages, the patient was wearing the aligners properly cut to allow the plastic to fit the extremity of the cantilever close to the canine. On the left side, one TAD failed when the left canine erupted; for this reason, to fulfill the full eruption, a different cantilever has been modeled with a hybrid anchorage: The sectional was surrounded by TAD while one extremity was bonded on the second premolar and the other extremity was connected to the canine after a loop activated in extrusion.

Only at this point, the further aligner stage can be planned for finishing. The final position of the maxillary canines on the panoramic X-ray shows a good periodontal condition and proper axial inclination.

#### **Ethical approval**

Institutional Review Board approval is not required.

#### Declaration of patient consent

The authors certify that they have obtained all appropriate patient consent.

#### Financial support and sponsorship

Nil.

#### **Conflicts of interest**

There are no conflicts of Interest.

## Use of artificial intelligence (AI)-assisted technology for manuscript preparation

The authors confirm that there was no use of artificial intelligence (AI)-assisted technology for assisting in the writing or editing of the manuscript and no images were manipulated using AI.

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How to cite this article: Greco MA, Rombolà A, Derton N. TADs smart easy bending (T.S.E.B.) protocol for impacted canines treatment supported by temporary anchorage devices and aligners. APOS Trends Orthod. doi: 10.25259/APOS\_103\_2024